## Appendix B: Summary Chart

<table>
<thead>
<tr>
<th>The Child's Being</th>
<th>The Rebel Temperament</th>
<th>The Adult Personality</th>
<th>The Outlaw Self</th>
<th>The Lover's Spirit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dependent</td>
<td>Counter-dependent</td>
<td>Co-dependent</td>
<td>Independent</td>
<td>Inter-dependent</td>
</tr>
<tr>
<td>Unself-conscious</td>
<td>Self-conscious</td>
<td>In-formed by the</td>
<td>Self-witnessing</td>
<td>Self-transcending mystical</td>
</tr>
<tr>
<td></td>
<td></td>
<td>mythic consensus of the group</td>
<td></td>
<td>consciousness</td>
</tr>
</tbody>
</table>

### Primary Motivations and Modes of Loving

1. Bonding with matrix.
2. Being encompassed by the patrix, carefully initiated into the taboos, oughts, and rites of family and tribe.
4. Rebellion against the authorities, breaking out of matrix and patrix, iconoclasm.
5. Conscious identification with a new peer group, new heroes, ideals, friends.
7. Membership, belonging among, conforming, co-operating.
8. Playing a role, doing one's duty.
9. Taking vows, compromising, pro-creating a home and family, caring for the young.
10. Individuality and the quest for autonomy.
11. Destroying the persona, myths, masks, roles, defenses, character, ego, constructed during the first part of life.
12. Self-love, Reconciling the opposites—male and female, good and evil; loving the carnal self.
13. The unitive glimpse that the center is everywhere.
15. The embodiment of love in the carnal body, the family, friendship, the body politic, the technological body, the ecological body, the mystical body.

### Virtues That Characterize Health

- Basic trust; dependency; openness, wonder; obedience—"yea saying"; enjoyment of intimacy; curiosity.
- Ability to doubt and criticize; establishing limits and boundaries by "nay saying"; expression of outrage, anger and aggression; sustaining contest; agency.
- Responsibility; loyalty to institutions; the discipline to postpone gratification, wait, sacrifice for the future, deciding acting; moderation; consistency; predictability.
- Metanoia, re-owning the shadow; repentance; demystifying the self; transmoral conscience; going beyond good and evil; spirit of adventure and experimentation.
- Empathy; radical trust; forgiveness; second innocence; joyful acceptance of the actual; the ability to suffer voluntarily (an end to neurotic suffering); wise foolishness; vulnerability, risking dis-armament and living in openness; the unification of consciousness, compassion, and conscience.

### Perversions

- The promise of childhood is perverted and we remain childish to the degree that bonding, initiation, or playfulness are deficient or excessive. This leads to different forms of arrested development: anhedonia, the bondage to pain, possessiveness, addiction, the obsessive quest for approval.
- The promise of youth is perverted and we remain perpetual adolescents if we do not take the risk of rebellion or get stuck in an antagonistic posture. This leads to different forms of arrested development: resentment, hostility, the blame-game, passive dependency, sentimentality, niceness, incurable romanticism and idealism, the playboy and playgirl game.
- Normality is a perversion of the human promise inssofar as it is rooted in consensual paranoia, the making of enemies, propaganda, ideology, disowning and projecting the shadow.
- The outlaw impulse becomes perverse when the individual tries to maintain a posture of self-sufficiency, becomes inflated with Prometheus defiance, obsessed with power and control.
- The lover's spirit is the goal of the psyche, the standard by which health is ultimately judged. A lover is foolish but not perverse, vulnerable but not naive, dis-armed but not impotent, hopeful but not optimistic, mystical but not disembodied.